

Meet Declarations are <u>now open</u> for the Saturday, June 15, 2024 home swim meet.

All HRCA Seahawks registered for June or Full Summer may participate in the meet. Meet participation is optional.

Each swimmer may choose up to three individual events. Relays will be made the day of the event. Parent/sibling volunteers are needed to time during the meet.

Important Meet Details

Where: Northridge Recreation Center - Outdoor Pool When: Saturday, June 15 Arrival time: 6:30 a.m. Warm-up time: 7 a.m. Meet start time: Immediately following warm-ups Estimated meet time: 7 a.m. - 2 p.m. Parking details: Two CARA League teams are being hosted that morning. Overflow Parking is available at St. Luke's Methodist church on Broadway and at Little People's Landing Learning Center (122 Plaza Dr, Highlands Ranch, CO 80126).

If you are able to walk we urge you use overflow parking to provide parking spaces that are closer to the facility for those who are less mobile.

Seating: Limited seating will be available on deck. We anticipate 250 swimmers and their families. Bleachers are available during races. We encourage everyone to bring lawn chairs or blankets for more comfortable seating.

Concessions: Hot Diggity Dog Food Truck will provide a variety of food options and soda. Alcohol is prohibited on HRCA property. Coolers are allowed, please no glass containers. Please clean up after yourself using the trashcans provided.

The last day to declare is Sunday, June 9

Log in to your Swimmingly Account to choose swimmer events. If you need a 2023-24 Swimmingly account, please go to the HRCA Website for directions to create your account. Swimmingly accounts are included with the team at no additional fee.



Click HERE for Swimmingly account directions

Swimmingly Code: 7f0fabdd-8463-11ec-8600-c2b3e1fb23ce

Event Choices:

Long Free (8U = 50yd, 9+ = 100yd) 12U swim 25yd: Fly, Back, Breast, Free 13+ swim 50yd: Fly, Back, Breast, Free Individual Medley (IM) = Fly, Back, Breast, Free Relays will be made the day of the meet Coaches may choose to move swimmers UP an age bracket to best meet the needs of the team. Swimmers may NOT swim down an age bracket. Coaches have final say in all events.

Because this is a league meet, when the heat sheet is complete, swimmers <u>may not</u> change events or be added the day of the meet. Swimmers may withdraw from events.

Volunteers are needed!

We cannot run the meet without our wonderful parent and sibling volunteers! <u>CLICK HERE to sign up</u> to be a meet volunteer.

Volunteers are asked to wear hats, sunglasses, sunscreen, and bring water. Timers need to be able to stand for 2-3 hours.

Volunteers will be requested the day of the meet if we do not have enough preregistered help.